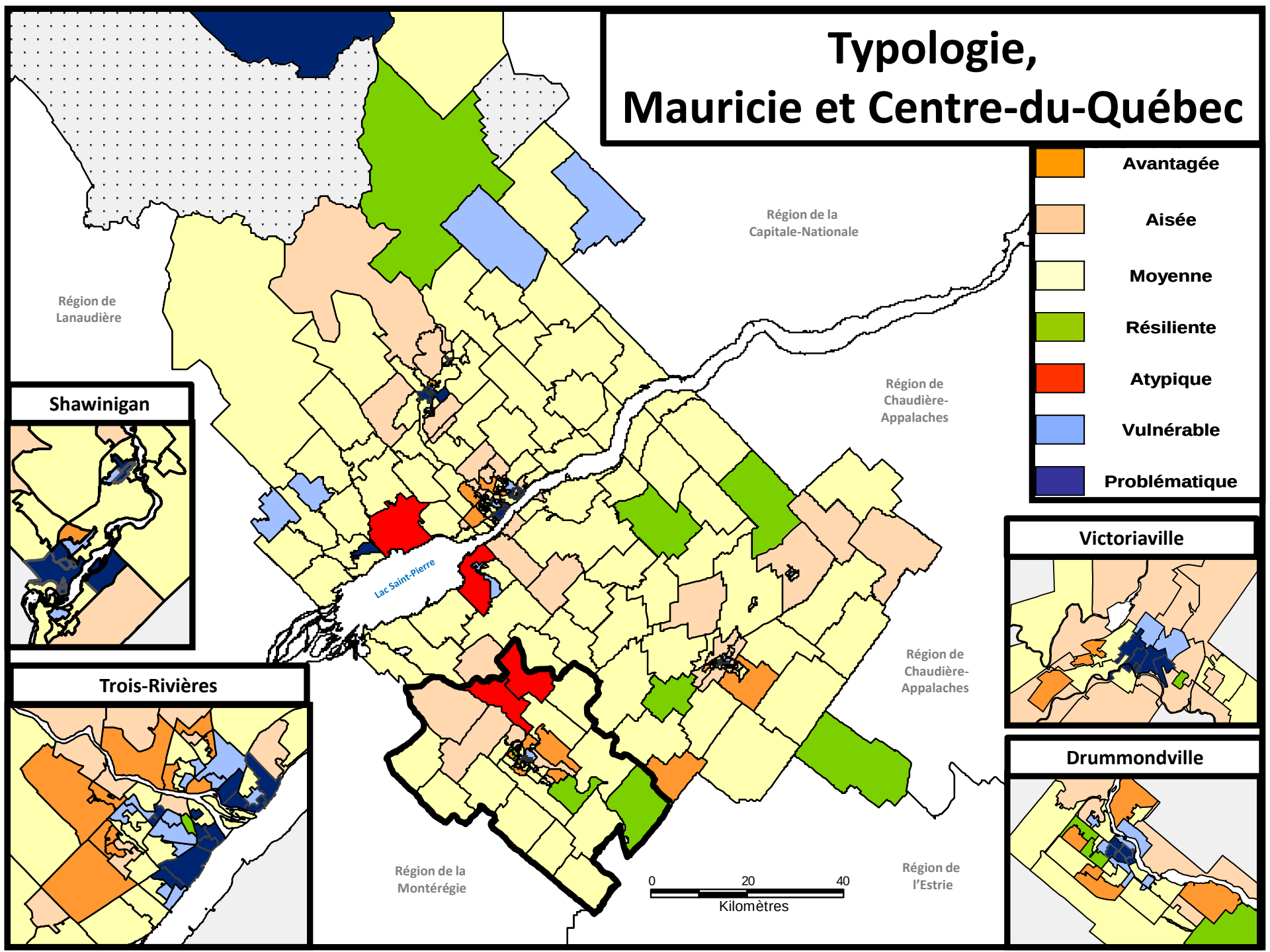Typologie, Mauricie et Centre-du-Québec